



# RIVER ACADEMY

## Student Bulletin

### What's on this week?

### 6th - 10th January 2025

### School timings:

Please be reminded of our school timings below:

Mon, Tues & Thurs		Wed		Fri	
09:10-9:35	Tutor	09:10-09:35	Tutor	09:10-09:20	Tutor
09:35-10:35	Lesson 1	09:35-10:35	Lesson 1	09:20-10:15	Lesson 1
10:35-10:55	Break	10:35-10:55	Break	10:15-11:10	Lesson 2
10:55-11:55	Lesson 2	10:55-11:55	Lesson 2	11:10-11:30	Break
11:55-12:55	Lesson 3	11:55-12:55	Lesson 3	11:30-12:25	Lesson 3
12:55-13:35	Lunch	12:55-13:35	Lunch	12:25-13:00	Lunch
13:35-14:35	Lesson 4	13:35-14:35	Lesson 4	13:00-13:55	Lesson 4
14:35-15:35	Lesson 5	14:35-15:35	Lesson 5	13:55-14:50	Lesson 5
		15:35-16:30	Elective	14:50-15:15	Celebration Assembly

### Canteen Menu:



# RIVER ACADEMY

WEEK Two



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Course</b>	Meat Ball Pasta Garlic Bread Carrots	Chicken Tika Masala Basmati Rice Mixed Vegetables	Lasagne Garlic Bread Sweetcorn	Chicken Fajita Wrap Salad	Chip Shop Friday
<b>Vegetarian</b>	Vegi Meat Ball Pasta Garlic Bread Carrots	Vegetable Korma Basmati Rice Mixed Vegetables	Vegi Lasagne Garlic Bread Sweetcorn	Macaroni Cheese Garlic Bread Salad	Vegan Sausage Roll
<b>Jackets</b>	Jacket Potato Cheese/Tuna/Baked Beans/Salad	Jacket Potato Cheese/Tuna/Baked Beans/Salad	Jacket Potato Cheese/Tuna/Baked Beans/Salad	Jacket Potato Cheese/Tuna/Baked Beans/Salad	Jacket Potato Cheese/Tuna/Baked Beans/Salad
<b>Dessert of the Day</b>	Apple Crumble Custard	Syrup Sponge Custard	Chocolate Brownie Chocolate Sauce	Jam Sponge Custard	Donuts
<b>Dessert Alternative</b>	Yogurt, Fresh Cut Fruit, Fruit Pot, Cookie	Yogurt, Fresh Cut Fruit, Fruit Pot, Cookie	Yogurt, Fresh Cut Fruit, Fruit Pot, Cookie	Yogurt, Fresh Cut Fruit, Fruit Pot, Cookie	Yogurt, Fresh Cut Fruit, Fruit Pot, Cookie

*Please ask for more information if you have any allergies.*

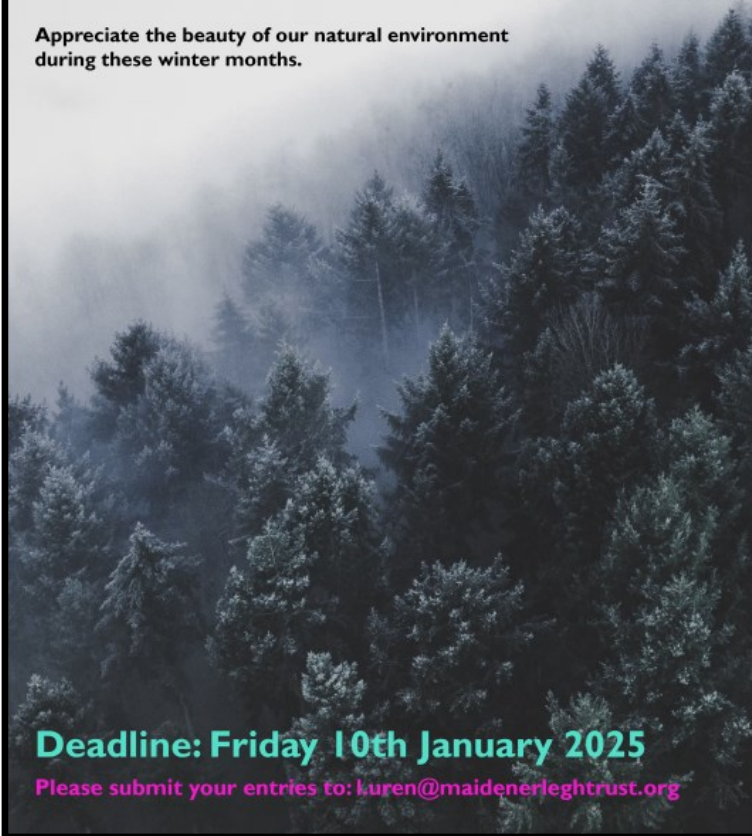


## Winter Photography Competition



Get outside this winter and be inspired by your surroundings.

Appreciate the beauty of our natural environment during these winter months.



**Deadline: Friday 10th January 2025**

Please submit your entries to: [luren@maidenerlegustrust.org](mailto:luren@maidenerlegustrust.org)

## Enter River Academy's Winter Photography Competition!

The holiday season is the perfect time to explore the outdoors and capture the stunning natural beauty that winter brings. From frosty landscapes to golden sunsets, there's inspiration all around you. Whether you're out for a winter walk or just enjoying the festive season, take your phone or camera along to snap those magical moments.

Please submit your entries to [luren@maidenerlegustrust.org](mailto:luren@maidenerlegustrust.org) by Friday 10th January 2025



## Monthly Maths House Competition - December

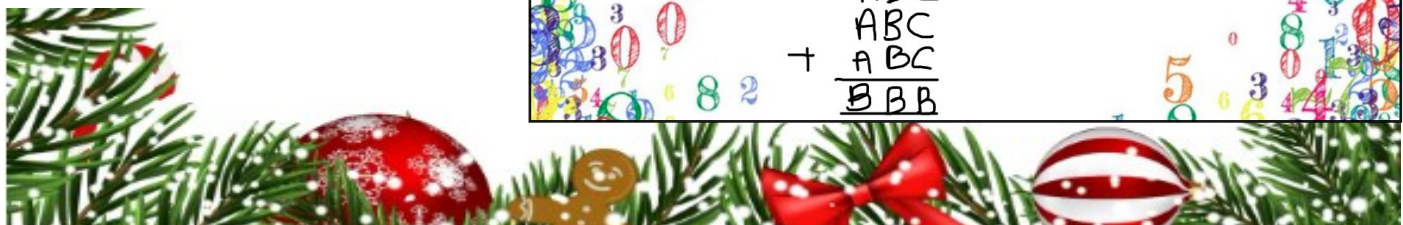
Well done to everyone who got the correct answer of A=1, B=4 and C=8 for the December maths problem of the month. 49 students took part and got the correct answer. That's 147 merits earned!!

January maths problem of the month will be posted in the first week back after the Christmas break.

**Maths Problem of the Month – December**

Answer the question below. Submit your answer to your form tutor by the end of the 18th December. You can only submit one answer. All correct answers will be awarded 3 merits.

Replace the letters with figures so that the sum is correct. Each letter always stands for the same figure.

$$\begin{array}{r}
 ABC \\
 ABC \\
 + \quad ABC \\
 \hline
 BBB
 \end{array}$$




## PE updates:

What an excellent term it has been in PE with students making rapid progress in their badminton skills as well as their knowledge and execution of different and challenging fitness lessons. It has made me incredibly proud to be Head of PE to see the high levels of engagement, enthusiasm and general love for sport here at River and I consider myself extremely fortunate to be involved in PE here at River. We have so many exciting opportunities coming up in the New Year, such as the commencement of the girl's netball and boys football leagues, the continuation of basketball as well as a T1 Rugby Tournament. Looking further ahead, we are looking into joining the local athletics leagues in the summer as well as playing some cricket and rounders tournaments when the weather improves. We have also contacted Reading Rockets Basketball about them coming to us after-school and delivering some sessions with our students, which again is just such an amazing opportunity.

### **Cross Country Athletics 18<sup>th</sup> January**

Berkshire Athletics are also holding a cross-country event on the 18<sup>th</sup> January at Newbury Showground, Berkshire for students in Year 7. The course is approximately 2.2-2.4km long with a variety of hills and flats across terrain such as fields and trails and provides a good challenge to anyone who is a keen long-distance runner. Anyone is welcome to enter the competition and there is no charge. If your child is interested, they must sign up through the school and we must enter students no later than 10<sup>th</sup> January 2025. If your child wishes to enter that event and takes running seriously, then please email me on [j.clare@maidenreleghtrust.org](mailto:j.clare@maidenreleghtrust.org) to express their interest. I can then provide further details from this point such as arrival times and what to wear etc.

### **PE next term**

I have placed information about PE next term onto Bromcom/MCAS regarding the fact we are changing sports next term to basketball and netball. Here is a reminder for the kit expectations for next term with a reminder that netball will be outside, so students are encouraged to wear tracksuit bottoms and jumpers, but no hoodies.

Trainers, long knee length socks, shorts, River PE top

Extra-curricular clubs

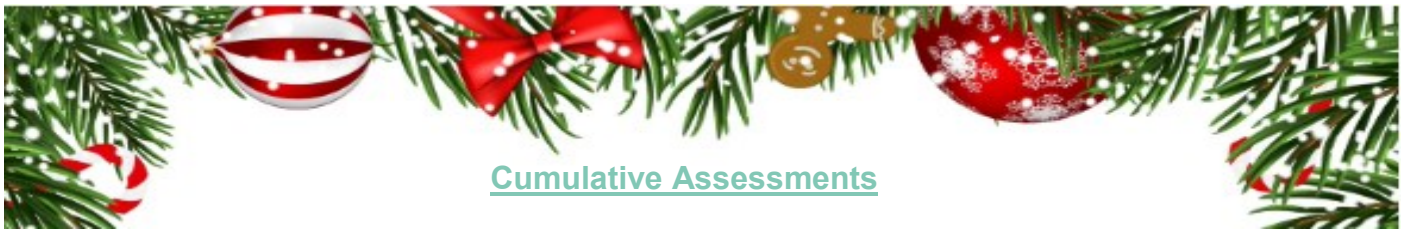
There are some new clubs starting next term:

Tuesday: Girl's netball

Thursday: Badminton

Thursday: Boys football





## Cumulative Assessments

Well done to all students for the work you have put into preparing for the Cumulative Assessments. These begin on 13th January. Your teachers have put together the information that you need for reference.

Don't forget to use your revision strategies - flash cards, blank page revision, mind maps! You will have your Curriculum / Home Learning Booklets to help you with this.

 [January Assessments Overview.pptx](#)

# MERRY CHRISTMAS

To all of the River Academy community,  
We wish you a very merry Christmas.





Develop Self-Discipline

Learn Boxing Techniques

Build Self-Confidence

Healthy Physical Activity

# Free Boxing Camp

[info@n3wangle.com](mailto:info@n3wangle.com)

11:00am - 2:00pm

December: 23, 24, 27, 30, 31; January: 3

Ages 11 - 18

MBMT, Bridgewater Close, Reading RG30 1JT

Our intensive training camps develop technical and tactical skills while considering the physical and mental aspects of boxing, improving confidence and decision-making. Alongside skill development, we integrate mentoring throughout the day to support personal growth. A nutritional lunch will also be provided. Boxers will be grouped by age and ability and will join two training sessions each day.

### Session 1:

Boxing technique, sparring and drills.

### What to bring:

Appropriate clothing and footwear, headguard, gumshield and gloves (if owned), drinks bottle and water

### Session 2:

Boxing fitness, bag work, circuit, core, strength and conditioning.

### All coaches are:

Child Safeguarding and Emergency, Aid certified, Enhanced Disclosure & Barring Service (DBS) checked, Public Liability and Professional Indemnity Insured

Professional Boxing Coach with 20+ Years Experience!  
Scan the QR Code Below to Book Now!

