

21 July 2026

Dear Parents,

As you may be aware, the Department for Education has recently published new statutory guidance on allergy safety in schools, often referred to as Benedict's Law, following the tragic death of five-year-old Benedict Blythe from an allergic reaction at school in 2021 when he was accidentally exposed to cow's milk protein. He had multiple serious allergies, including dairy, eggs, peanuts and sesame.

The new guidance strengthens the arrangements schools must have in place to support children with allergies and to respond effectively in an emergency.

We have reviewed our provisions, which has included training for all staff in how to respond in the event of an allergic reaction and how to administer adrenaline in the form of an EpiPen or Jextpen.

Whilst we acknowledge that it is impractical to enforce an allergen-free school. We encourage all children and staff to avoid bringing in certain high-risk foods to reduce the chances of someone experiencing a reaction. These foods include:

- **Nuts including, but not limited to peanuts, cashew and Brazil nuts**
- **Cereal, granola or chocolate bars containing nuts**
- **Peanut butter or chocolate spreads containing nuts (Nutella)**
- **Peanut-based sauces, such as satay**
- **Sesame seeds and foods containing sesame seeds**

We ask for your support in helping us reduce the risk of accidental exposure to allergens and ensure that all members of our school community feel safe and included.

If your child has been prescribed an adrenaline auto-injector and it is on our records, we will also write to you separately. If this applies to you but you do not receive that letter, please contact the school office as a matter of urgency.

Thank you for your understanding, cooperation and continued support.

Yours sincerely,



Andy Hartley

Headteacher

