



RIVER ACADEMY

Student Bulletin

What's on this week?

14th–18th October

School timings:

Please be reminded of our school timings below:

Mon, Tues & Thurs		Wed		Fri	
09:10-9:35	Tutor	09:10-09:35	Tutor	09:10-09:20	Tutor
09:35-10:35	Lesson 1	09:35-10:35	Lesson 1	09:20-10:15	Lesson 1
10:35-10:55	Break	10:35-10:55	Break	10:15-11:10	Lesson 2
10:55-11:55	Lesson 2	10:55-11:55	Lesson 2	11:10-11:30	Break
11:55-12:55	Lesson 3	11:55-12:55	Lesson 3	11:30-12:25	Lesson 3
12:55-13:35	Lunch	12:55-13:35	Lunch	12:25-13:00	Lunch
13:35-14:35	Lesson 4	13:35-14:35	Lesson 4	13:00-13:55	Lesson 4
14:35-15:35	Lesson 5	14:35-15:35	Lesson 5	13:55-14:50	Lesson 5
		15:35-16:30	Elective	14:50-15:15	Celebration Assembly

Canteen Menu:



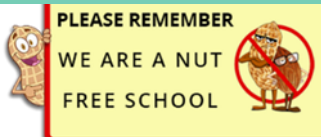
RIVER ACADEMY

WEEK ONE



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Spaghetti Bolognese Garlic Bread Broccoli	Katsu Curry Basmati Rice Mixed Vegetables	Chicken Burger in a Bun Potato Wedges Sweetcorn	Sausage & Mash Carrots Gravy	Chip Shop Friday
Vegetarian	Macaroni Cheese Garlic Bread Salad	Vegetable Korma Basmati Rice Mixed Vegetables	Vegi Burger in a bun Potato Wedges Sweetcorn	Quorn Sausage & Mash Carrots Gravy	Cheese & Onion Pastie
Jackets	Jacket Potato Cheese/Tuna/Baked Beans/Salad	Jacket Potato Cheese/Tuna/Baked Beans/Salad	Jacket Potato Cheese/Tuna/Baked Beans/Salad	Jacket Potato Cheese/Tuna/Baked Beans/Salad	Jacket Potato Cheese/Tuna/Baked Beans/Salad
Dessert of the Day	Apple Crumble Custard	Syrup Sponge Custard	Chocolate Brownie Chocolate Sauce	Jam Sponge Custard	Donuts
Dessert Alternative	Yogurt, Fresh Cut Fruit, Fruit Pot, Cookie	Yogurt, Fresh Cut Fruit, Fruit Pot, Cookie	Yogurt, Fresh Cut Fruit, Fruit Pot, Cookie	Yogurt, Fresh Cut Fruit, Fruit Pot, Cookie	Yogurt, Fresh Cut Fruit, Fruit Pot, Cookie

Please ask for more information if you have any allergies.



PE Update.

Lessons:

PE at River Academy has begun very well, and I am delighted at the enthusiasm, passion and ability levels shown across the year group this term. The boys and girls have been split this term, with the boys studying touch rugby and creative (dance and gymnastics), whilst the girls have been studying football and creative. In particular, the girls have been learning the fundamental skills required in football, such as passing, dribbling, tackling and shooting both in isolated drills as well as game-based activities. Other skills such as formations and positioning on the pitch are going to be explored in the coming weeks before October Half Term. In rugby, the boys have been studying how to pass a rugby ball using the correct technique, as well as organising themselves into defensive and attacking lines during game-based activities. We will also be looking at effective ways of beating defenders and creating overloads in attack over the coming weeks.

In creative, we have come to the end of our dance block and are now focusing on gymnastics this week and until October Half Term. During their dance lessons, the students have been working on synchronisation, exploring different themes and putting together a 16-count dance routine to music. In gymnastics, the students will be exploring pair and group balances, different methods of travel around a mat such as rolls, as well as methods of inversion such as handstands. Next term, we are moving onto badminton and health and fitness, where the students are going to be placed back into their mixed tutor groups for PE. They will require their River PE top, shorts/tracksuit bottoms and trainers for all their lessons as they will either be in the sports hall or activity suite.

Rugby Fixture 08/10/2024

On Tuesday, our rugby team travelled away where we played Denefield and Emmbrook in our second round of touch rugby fixtures. Following our successful week last time out, we arrived to Denefield in high spirits and looking to build upon our victory and draw against Bohunt-B and Reading Boys-B. In our first game vs Emmbrook, we struggled to arrange ourselves defensively and they picked us off with some strong running into gaps and excellent support play. We answered with a few tries of our own from Nabil, but it was all too little as Emmbrook ran out 25-10 winners. Following a short turn around, we were much improved against Denefield. Our defensive line was much more organised and we stretched their line in attack, meaning there were lots of gaps to run into. We worked harder in defence and it paid off as we drew our second game 25-25. A lot of credit must go to the team as they have little prior experience of rugby and they are playing against boys from other schools who have been playing rugby at well-established clubs such as Rams for many years. More work needs to go into the general understanding of the game, how to organise a drift style defence and when to effectively seek out overloads in attack. We go again next week with an away trip to Bohunt.



Netball Club 08/10/2024

It was great to see so many students again attending netball club. This is a testament to not only the students' enthusiasm, passion and motivation to improve, but also to Miss Moore who is an extremely experienced netball coach and is clearly leading a highly engaging and successful club. This week, the team worked on deepening their understanding of each role on the court and the areas each position is allowed to go on the pitch. The students are beginning to find their preferred positions, meaning they are starting to specialise in certain areas of the court and hone their skills. Please remember that if you would like to attend, you need to bring your kit and make your way to the sports hall after line up on a Tuesday at the end of the day.

Badminton club 10/10/2024

Another week and another packed out badminton club. Mr Dukinfield came to me on Monday breaktime to explain that the sheet was 95% full and that almost all the 32 spaces we have were taken. This is again amazing for me to see how many students value sport at River and just how popular the clubs we are putting on are. This week, the students played in a tournament style where they were split into two teams of 16 and played against each other, where each win resulted in accumulating points for their team. The energy levels and enthusiasm shown by the students was fantastic and both Mr Dukinfield and I commented on how the students are showing greater decision making with their shot selection and greater consistency with their technique. Please remember that Mr Dukinfield has a fresh sign-up sheet every Monday morning in his room, should you wish to come along on Thursday after-school, where there will be 16 places held for girls and 16 for boys as well as reserve places. Girl's football will be coming up after Half Term on a Tuesday after-school, with fixtures starting towards the end of November. Please keep your eyes and ears open for more details on this closer to the time. The boys will also have a 5-a-side tournament in December at JMA school. There will be a training session held for this so I can choose a team. Again, please keep your eyes and ears open for more details on this closer to the time.

Club	Day of the week	How do I participate?
Touch Rugby	Tuesday	Speak to Mr Clare if you are interested in playing, we have games every Tuesday now so there is no training.
Netball	Tuesday	Bring your kit – anyone is welcome!
Badminton	Thursday	Dr Dukinfield has a sign-up sheet every Monday, please speak to him if you are interested in attending.



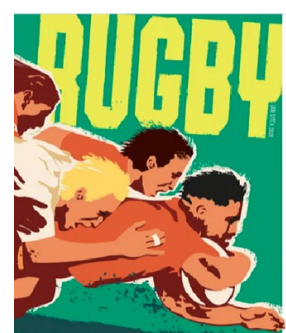
BADMINTON CLUB

Come to badminton club from 3:35 till 4:35 on Thursday!
Everyone welcome



Be a star on the netball court

Netball club starts this week!
After school Tuesday 3:35- 4:35



RUGBY

Tuesday Rugby club!
After school 3:35 till 4:35
Come and try it out!

RIVER ACADEMY

Community Lectures

A new series of FREE public lectures open to all



Dr Dan Renshaw
University of Reading

Lecture: Berkshire in the era of the two World Wars

Free termly academic lectures for the school and wider community

No need to register - everyone welcome!

The chance to meet academics and ask questions!

Friday 8th November
4-5pm
Arrive by 3.45pm

RIVER ACADEMY Community lectures

University of Reading

Calling all young entrepreneurs at River Academy! Would you be interested in launching & selling at the Reading [Children's Business Fair](#) coming to Broad St on Sat, Nov 30th? Click the link to find out more!

CHILDREN'S BUSINESS FAIR



The next, great entrepreneurs

Saturday, 30th Nov 2024
Broad Street, Reading

Apply now!
childrensbusinessfair.co.uk

The Great River Bake-Off! We are really excited to launch our first ever River Academy Bake Off. Please read the poster for more information and may the best baker win!

THE GREAT RIVER ACADEMY BAKE OFF

Do you have what it 'bakes' to become River's star baker? First round requires **6** signature cupcakes.

14th October

Bring your bakes to classroom 1.49 on Monday 14th October.

Please make sure that your recipes do **NOT** include nuts. All entries **must** include a recipe card for allergy purposes.

Any questions? Ask Mr. Clare for more details.

Homework Club

Homework Club will run on Tuesdays and Thursdays from 3.35pm until 4.30pm in Room 1.26, starting Tuesday 17th September.

It is a voluntary, supervised, drop-in session each time. Students need to let their parents know in advance that they will be staying to Homework club. A register is kept for students to sign in and out. Students should bring with them booklets, books and equipment needed for them to do their homework independently, with adult support available. We look forward to seeing you!

Padlocks:

Anyone wanting a padlock for their lockers, please purchase one on Parentpay:

[River Academy Shop \(parentpay.com\)](http://parentpay.com)



Alternatively you can bring your own padlock from home as long as the padlock neck is 5mm—All students have an allocated locker!

Lost your blazer?

Cant find your tie?

Walked home in one shoe?!

**Come and look in our Lost Property
Box in Reception before or after
school**

